Global Living Wage Series
Guatemala
Rural Central Region

Synopsis of Living Wage Study Conducted By: Koen Voorend, Richard Anker, and Martha Anker
Living Wage Estimated using the Anker Methodology, September 2016

Provision for Unexpected Events
GTQ 188
US$ 25

Monthly Living Wage
GTQ 2,689
per worker
with a family
of 1.53
full-time workers

US$ 359 Monthly

Food
GTQ 1,636
US$ 218

Non-Food, Non-Housing
GTQ 1,215
US$ 162

Local Housing Standard for Family
- Wall and floor constructed from durable material such as cement, stone or ceramics
- Roof constructed with durable materials: corrugated iron sheets
- Sufficient number of windows (min. 1 per room) for ventilation and adequate lighting
- Electricity
- Piped water in the house
- Kitchen area separate from sleeping areas
- About 36m² - 40m² (social housing standard)
- Private pit latrine for family, in good conditions with slab
- Safe outside environment

Mandatory Deductions from Pay
GTQ 118
US$ 15

Model Diet
edible grams per person per day
- 458g maize tortilla (13 average sized tortillas)
- 32g rice
- 16g white bread (half a roll)
- 29g pasta/spaghetti
- 26g potato
- 16g plantain (4 plantains per family, per week)
- 70g black beans
- 130g milk (1 small cup per child (200ml) + 50 ml per adult)
- 6g cheese, white (cow milk)
- 23g eggs (3 eggs per person, per week)
- 24g chicken (50% white no bones, 50% with skin and bones, 2 meals/person/week)
- 9g beef, with bone (1 meal/person/week)
- 172g vegetables (43g cabbage, 43g macuy, 43g tomato, 43g onion)
- 86g fruit (43g banana, 43g orange)
- 31g oil (2 tbsp.)
- 30g sugar (7.5 tsp.)
- 7g coffee (2 cups per day per adult, and 1/4 cup per day per child)
- 11g incaparina (a high quality vegetable protein drink)
**Key Values and Assumptions**

- 48 Hour Work Week
- 24 Work Days Per Month
- Exchange Rate
  US $1 = 7.5 GTQ
- Family Size of 5
  2 Adults, 3 Children
  1.53 Workers Per Family

**Total Monthly Living Wage =** \( \text{((Food + Housing + Non-Food, Non-Housing + Provision for Unexpected Events) ÷ Number of full-time Workers in Family) + Mandatory Deductions from Pay} \)

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**Cost of Food**

**Cost of Housing**

**Net Living Wage**

**Gross Living Wage**

**Cost of Basic But Decent Life for Reference Size Family**

**Cost of Other Essential Needs**

**Small Margin for Unforeseen Events**

**Number of Workers Per Family**

**Payroll Deductions and Taxes**

**Net Living Wage**

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**GLOBAL LIVING WAGE COALITION**

Global Living Wage Coalition Members:
In Partnership with the ISEAL Alliance and Richard Anker and Martha Anker

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