September 2019 Update

Monthly Living Wage
GTQ 2,981

All data in this infographic are from 2016, see Update Report for most recent data: https://www.globallivingwage.org/living-wage-benchmarks/rural-guatemala/

Synopsis of Living Wage Study Conducted By: Koen Voorend, Richard Anker, and Martha Anker
Living Wage Estimated using the Anker Methodology, September 2016

Rural Central Region

Food
GTQ 1,636
US$ 218

Non-Food, Non-Housing
GTQ 1,215
US$ 162

Local Housing Standard for Family
- Wall and floor constructed from durable material such as cement, stone or ceramics
- Roof constructed with durable materials: corrugated iron sheets
- Sufficient number of windows (min. 1 per room) for ventilation and adequate lighting
- Electricity
- Piped water in the house
- Kitchen area separate from sleeping areas
- About 36m² - 40m² (social housing standard)
- Private pit latrine for family, in good conditions with slab
- Safe outside environment

Model Diet edible grams per person per day
- 458g maize tortilla (13 average sized tortillas)
- 32g rice
- 16g white bread (half a roll)
- 29g pasta/spaghetti
- 26g potato
- 16g plantain (4 plantains per family, per week)
- 70g black beans
- 130g milk (1 small cup per child (200ml) + 50 ml per adult)
- 6g cheese, white (cow milk)
- 23g eggs (3 eggs per person, per week)
- 24g chicken (50% white no bones, 50% with skin and bones, 2 meals/person/week)
- 9g beef, with bone (1 meal/person/week)
- 172g vegetables (43g cabbage, 43g macuy, 43g tomato, 43g onion)
- 86g fruit (43g banana, 43g orange)
- 31g oil (2 tbsp.)
- 30g sugar (7.5 tsp.)
- 7g coffee (2 cups per day per adult, and 1/4 cup per day per child)
- 11g incapacarina (a high quality vegetable protein drink)
Monthly Living Wage for Rural Guatemala in GTQ

Key Values and Assumptions

- 48 Hour Work Week
- 24 Work Days Per Month
- Exchange Rate: US $1 = 7.5 GTQ
- Family Size of 5: 2 Adults, 3 Children
- 1.53 Workers Per Family

Total Monthly Living Wage = ((Food + Housing + Non-Food, Non-Housing + Provision for Unexpected Events) ÷ Number of full-time Workers in Family) + Mandatory Deductions from Pay

COST OF FOOD

COST OF HOUSING

NET LIVING WAGE

GROSS LIVING WAGE

COST OF BASIC BUT DECENT LIFE FOR REFERENCE SIZE FAMILY

COST OF OTHER ESSENTIAL NEEDS

SMALL MARGIN FOR UNFORESEEN EVENTS

NUMBER OF WORKERS PER FAMILY

PAYROLL DEDUCTIONS AND TAXES

NET LIVING WAGE

Global Living Wage Coalition Members:
In Partnership with the ISEAL Alliance and Richard Anker and Martha Anker

www.globallivingwage.org

Register for Regular Benchmark Updates from the GLWC at http://eepurl.com/b6Jlyf

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