Synopsis of Living Wage Study Conducted By: Asad Sayeed and Kabeer Dawani - Collective for Social Science Research, Karachi
Living Wage Estimated using the Anker Methodology, December 2015

**Monthly Living Wage**

**Rs. 20,224**

per worker for family of 5 with 1.534 edible grams per person per day

**US $ 195**

**Non-Food, Non-Housing**

**Rs. 8,453**

US$ 81

**Food**

**Rs. 12,501**

US$ 120

**Provision for Unexpected Events**

Rs. 1,471

US$ 14

**Mandatory Deduction from Pay**

Rs. 80

US$ 0.77

**Housing**

**Rs. 8,475**

US$ 81

**Sialkot**

North Eastern Punjab
Pakistan

Local Housing Standard for Family

- Durable Floor such as cement
- Durable walls such as stone or cement
- Durable roof of zinc or cement without leaks
- Sufficient number of windows for adequate lighting and ventilation (preferably 2 windows per room)
- Pit latrine in good condition with slab, sufficiently deep for proper drainage
- Safe water source
- Kitchen area separate from sleeping quarters
- Around 30-40 square meters of floor space
- Building in reasonable condition
- Safe outside environment

Model Diet edible grams per person per day

- 342g wheat
- 25g rice
- 58g potato (least expensive root and tuber)
- 45 g legumes (15g beans and 30g lentils as cheap source of protein)
- 162g milk (1 cup for children and 10ml for tea for adults, fresh, unpackaged)
- 20g yoghurt
- 15g eggs (two eggs per week)
- 24g broiler chicken (2 portions per week)
- 210g vegetables (46g spinach, 31g tomato, 41g onion, 46g radish in winter/cabbage in summer, 46g carrot in winter/eggplant in summer)
- 70g fruits (bananas in winter/watermelon in summer)
- 34g cooking oil
- 3.6g packaged tea
- 36g sugar

UPDATE of Monthly Living Wage Estimate for December 2016

**PKR 20,972**

(December 2016)

**US$ 201**

(December 2016)
Global Living Wage Series

Pakistan

Urban Sialkot

Key Values and Assumptions

- 48 Hour Work Week
- 26 Work Days Per Month

- Exchange Rate
US $1 = Rs. 104.3

- Family Size 5
- 2 Adults, 3 Children
- 1.534 Workers Per Family

Total Monthly Living Wage = ((Food + Housing + Non-Food, Non-Housing + Provision for Unexpected Events) ÷ Number of Workers in a Family) + Mandatory Deductions from Pay

Living Wage for Urban Sialkot, Pakistan in Rs.

Register for Regular Benchmark Updates from the GLWC at http://eepurl.com/b6Jlyf

www.globallivingwage.org

Global Living Wage Coalition Members:
In Partnership with the ISEAL Alliance and Richard Anker and Martha Anker

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